

Sogndal municipality

STUDENT REPORT 2022



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INTRODUCTION

Sogndal is established as one of the most attractive study places in the country of it's kind with good application numbers. Students form a large group in the local community, and it is important that the municipal area of responsibility and facilitation is good for maintaining a good student life. The Norwegian student organization recommends that all host municipalities have a focus on the role of host, among other things when preparing a student report. The Committee for Community Development in Sogndal municipality has taken the initiative to have this student report prepared for the municipality.

The student report points to important areas for students in Sogndal. In the work with the report, the students have had the opportunity to participate and provide input on how the municipality can become an even better host municipality for them. The purpose of the student report is to clarify and highlight important focus areas, goals and strategies that the municipality will use as a basis for making Sogndal an even more attractive place to study.

In line with the values of Sogndal municipality; co-creation - open - good - curious, the student report was written from October 2021 to January 2022 with broad involvement.

This document shows what offers and services the students can already take advantage of today and what the students themselves think can be better or they feel is lacking in Sogndal. A list of measures has been drawn up based on a survey and workshop with Norwegian students, international students, the Student Council, the student organizations and representatives from HVL, Saman, the Welfare Parliament and Sogn næring. The list of measures is at the end of this document.

The student report will apply for the period 2022-2026.



SOCIETAL GOALS

Sogndal municipality has chosen three goals that together describe the society we want in 2030.



Quality of life

Having quality of life as a societal goal requires that we provide equal services to all inhabitants where people live. Well-being is created there, and Sogndal will work to ensure that all local communities provide a framework for a good quality of life.



Creativity

The inhabitants, the business community, volunteering and the other creative forces in the municipality are the most important driving force for active business and community development. Sogndal municipality shall provide these good forces with the best framework for realizing good further development of interesting job opportunities, population development and creativity in the entire municipality.



Environmental awareness

Sogndal municipality shall be an environmentally conscious municipality with climate and environment as a premise for everything we do. This means that the municipality cuts our greenhouse gas emissions, conducts systematic climate adaptation work and has the least possible waste, the most possible reuse and a conscious land use.

FOCUS AREAS

In the community plan, Sogndal municipality has pointed to five areas. These will meet the development trends in the municipality, and at the same time be the ones that give the greatest ripple effects. Each focus area is within the framework of the three societal goals for quality of life, creativity and environmental awareness, and are collectively considered to be the best way to achieve our goals. In line with other residents, the students are also a target group in the work of developing the focus area.

The best place to grow up

Those who grow up in Sogndal will experience growing up as safe and active children and young people with the joy of mastery, be equipped to face life, have the courage to live, the courage to care, the courage to say no and the courage to make their own choices.

We will facilitate good transitions from youth to working life. All young people need activities, meeting places, mobility, good study opportunities and adapted health services. For the students in Sogndal, this means that study offers related to children and young people provide many exciting opportunities, for example Fosshagen Educational Kindergarten. In addition, several of the students in the municipality have children, and they have the same right to good education and upbringing as other residents.

Made for an active lifestyle

We must facilitate so that all inhabitants can have an active lifestyle. Local communities that invite activities for all are good for public health, the well-being of the inhabitants and the attractiveness of the municipality.

Active young adults are important newcomers who increase our attractiveness to other newcomers. We have many natural advantages in the municipality, and many students choose to come to Sogndal due to opportunities related to nature and outdoor life. The municipality is now investing in activities in the local area, which means, among other things, low-threshold offers, facilitation and sports facilities.

Competence environment in the elite series

Sogndal municipality shall have a competence environment on a par with the larger cities in the country. Strong competence environments have been and will be one of the cornerstones of the population growth in the municipality.

The exciting expertise that is available both publicly and privately in the municipality, helps to strengthen HVL's professional offer.

The competence environment in the elite series is particularly aimed at the research and educational institutions, students, other public workplaces, the entrepreneurial environment and the business community in general.

Fertile communitites

We must have fertile urban areas to increase well-being, reduce greenhouse gas emissions and facilitate growth and good urban development.

The majority of the students live in or around Sogndal center. For them, the urban investment in the municipality is important for the activity and service offer. We must have fertile urban areas to increase well-being, reduce greenhouse gas emissions and facilitate growth and good urban development. For the students, this means varied functions that provide well-being, are health-promoting and provide good day-to-day logistics.

Development locomotive

As a regional center, we will offer regional functions and be a driving force for regional development work, because growth and development in the whole of Sogn is also important for the development of Sogndal municipality.

The regional perspective strengthens the municipality in topics related to, among other things, transport, tourism and cultural offerings. This provides an opportunity for regional development and cooperation also for the students.

WORKING WITH THE STUDENT REPORT

The student report is a result of co-creation with the municipality, the students themselves, HVL, the Welfare Parliament and Saman.

In the autumn of 2021, a survey and a workshop were conducted.

The questionnaire was distributed to all students at HVL Sogndal in both Norwegian and English. In total, there were 180 responses. The survey consisted of 29 questions and laid the foundation for further implementation of the workshop.

Questionnaire topics:

- Choice of study place.
- Housing and possible use of daycare services.
- Health services and use of this.
- Use of local offers.
- Use of nature and local area.
- Use of means of transportation.
- Cooperation with local businesses and the municipality.
- What must be in place for the students to choose to live or move to Sogndal?
- Open question about measures to make Sogndal an even better study area.

The workshop was completed over two hours with 22 participants. Among the participants were Norwegian and international students, the Student Council, several of the student organizations and representatives from HVL, Saman, the Welfare Parliament and the Sogn næring. The goal for the workshop was to get examples of measures for how Sogndal municipality can become an even better place to study.

Themes in the workshop were:

- Qualities and activities that are missing / can be improved in Sogndal.
- Transportation. This included on foot, by bicycle and public transport.
- Participation and interaction with the local community and the local business community.
- Student health and student welfare.
- Information from / about Sogndal municipality.

FINDINGS

From the questionnaire and the workshop, there were clear topics that pointed out as important for the students who live in Sogndal municipality:

- Sogndal must be a municipality that invites to an active lifestyle and makes it easy for students to be active together.
- Sogndal must be a municipality that makes it easy to use bicycles, take public transport and that facilitates the use of pedestrian and bicycle paths for students.
- Sogndal must be a municipality that facilitates good meeting places and makes the town attractive for the students who live here, and for future students.
- Sogndal municipality must, together with HVL, facilitate student participation and interaction with business and the municipality.
- It should be good to live in Sogndal for all students, especially housing, well-being and good municipal services.
- Sogndal must be a municipality that contributes to good student health by coordinating and making health services available to students.



STUDENT IN SOGNDAL

Based on the questionnaire and workshop, six areas were found to be the most important for the students at HVL Sogndal; active lifestyle, transportation and infrastructure, attractive place of study, interaction with business and working life, and the municipality, student welfare and student health.

The student report further shows what offers and services the students can already take advantage of today, and then input from the students themselves in each area. At the end of the report is an overview of possible measures based on the feedback from the students in collaboration with HVL, Saman, Sogn næring and the Welfare Parliament.



ACTIVE LIFESTYLE

One of the focus areas in Sogndal municipality is «made for an active lifestyle». The municipality shall facilitate so that all inhabitants can have an active lifestyle. Local communities that invite to activities for all are good for public health, the well-being of the inhabitants and the attractiveness of the municipality.

Sogndal is surrounded by fjords and mountains, and is well known for a bustling outdoor life and good snow in winter. Sogndal ski center is 15 minutes from the center of Sogndal. The ski center offers a student discount on season passes. In walking distance from the center you can reach several walks on foot. Among other things, there are three day trip cabins (dagsturhytte) in the municipality that are open to everyone. There are well-developed facilities for organized sports, especially connected to the Campus. In Sognahallen you can play ball games, athletics, climbing and bouldering. The climbing wall in Sognahallen is regarded as one of the country's best. Several outdoor training areas have been set up in Sogndal municipality that facilitate unorganized physical activity with artificial turf, Tuftepark and pump track.

The student organizations at HVL Sogndal are for and by the students themselves and contribute positively to activity and community. Lurkarlaget is the students' outdoor organization. They offer events, tours and loan that equipment. Sjøspretten offers events, courses and trips in the wet element such as courses in diving and sea kayaking. The members also have the right to borrow equipment. Studentspretten is HVL's student organization for sports. Here, students have the opportunity to join student teams in various sports.

Students have the right to get student membership with discounted prices at Idrettsenteret AS. They run the Sports Center, Sogndal Climbing Center, GGSogndal on Campus, Spenst Sogndal and CrossFit Fjøra at Kulturhuset. Students with membership at Idrettsenteret AS have the opportunity to train for free at other organizations.

Saman offers Aktiv Saman which is a free low-threshold offer for all students. Here, students have the right to get help from a workout buddy to get started with physical activity. In addition, Saman has arranged a fitness point competition for students and staff at Saman to stimulate more physical activity.



ACTIVE LIFESTYLE INPUT FROM THE STUDENTS

Sogndal must be a municipality that invites to an active lifestyle and makes it easy for students to be active together.

Both the survey and the workshop shows that there is a need for low-threshold activity offers where students can be active and social together without having to be a member of an organization. Low-threshold physical activity naturally brings students together with the locals. In addition, we see that this is a good starting point for a social arena and can help prevent loneliness. Many students live in small dormitories and apartments where it is difficult to invite more people to social gatherings. The training and recreation area is therefore an important meeting place, both for physical activity and social interaction. Sogndal municipality must therefore develop and maintain the training and recreation areas so that is also accessible to students.

It should be easy to be physically active in Sogndal municipality. There are already many good offers in Sogndal. The municipality, HVL and Saman must provide good information about hiking and activity opportunities for both new and old students.

Student teams and student sports are a very important arena for physical activity and for social gatherings for students. It is important that these succeed and that Sogndal municipality contributes to this.



TRANSPORTATION AND INFRASTRUCTURE

Transport of people and goods must have a basic infrastructure that promotes the social goals of Sogndal municipality, and which builds up under the focus areas. Sogndal will focus on developing strong connections between pedestrian and bicycle-based infrastructure and public transport solutions that constitute a real alternative to the use of a private car. This will require other solutions for a large municipality where there is a distance between the smaller towns, compared to dense urban areas. Sogndal municipality wishes to take a leading role in using new technology to solve the mobility needs of the future.

Sogndal municipality is mainly adapted for car use, although parking fees in more urban areas reduce traffic somewhat. The use of electric cars is increasing, even though there are few public charging points in the municipality. Bicycles (with and without electric motors) are becoming more and more common, despite poor infrastructure. Public transport is mainly linked to travel to and from work, with relatively frequent departures in the morning and afternoon in parts of the municipality. The public transport service at other times of the day, or on weekends, is not a real alternative to a car.

Pedestrian and bicycle paths in urban areas are of varying quality. Some sections work well, such as Hermansverk - Hanahaug and Kjørnes - Bondeviki, but many road sections lack pedestrian and cycle paths. In urban areas, the infrastructure for walking and cycling is characterized by poor standards and direct violations, which results in poor flow. Upgrading of Gravensteinsgata will improve conditions for cyclists in Sogndal center.

From 20 June 2022, Skyss will be the common name for public transport in the entire county and the website [skyss.no](https://www.skyss.no) will be the common information point. Vestland county thus gets common prices and payment methods for buses and is now gathered into one public transport kingdom.



TRANSPORTATION AND INFRASTRUCTURE

INPUT FROM THE STUDENTS

Sogndal must be a municipality that makes it easy to use bicycles, take public transport and that facilitates the use of pedestrian and bicycle paths for students.

From the survey, we see that the majority of students walk to and from Campus. The rest use bicycles. There are a few who use a car for short trips to the Campus. This shows that Sogndal municipality must facilitate safe and good walking and cycling routes throughout the year.

Sogndal municipality must make it easy to use a bicycle instead of a car. Many students demand affordable rental of electric bicycles and infrastructure around this. In addition, they demand the possibility of cycle paths out towards Leikanger, Kaupanger and up into Sogndalsdalen.

Many students have their hometown in places other than Sogndal. It is therefore important for many to be able to get home by bus and boat in a reasonable and easy way. In addition to public transport outside Sogndal, it is important to have good and frequent bus connections locally. There is also a demand for more public transport to popular outdoor areas such as Sogndalsdalen, as many students depend on cars to get to exit points for outdoor life. Sogndal municipality must be a driving force for affordable and good connections for public transport, both locally and outside the municipal boundaries.



ATTRACTIVE PLACE OF STUDY

Meieriet is the students' own student house, and this is a very important social arena for the students in Sogndal. Concerts, quizzes, cafés and much more are arranged here. Many students work as volunteers at Meieriet. Saman has appointed a daily manager at Meieriet.

Many of the fields of education at HVL have their own line associations. These are run by students, and they arrange both academic and social events. Saman has several schemes for students and student associations to apply for funds that contribute to good meeting places and events for students.

Every winter, Fjellsportfestivalen (the Mountain Sports Festival), is held. Fjellsportfestivalen showcases Sogndal's local natural qualities through exciting and challenging activities and events. The festival is dependent on volunteers, and every year both students and locals volunteer.

Sogndal kulturhus offers cinema and cultural programs with theater, concerts and other cultural events. Many performances have a student discount.

Sogndal has many voluntary teams and organizations. The municipality is working to get a digital platform that will contain all activities in the entire municipality. This will make it easy for the inhabitants of Sogndal to find information about for example events and voluntary organizations located in the municipality.

Sogndal municipality currently has two volunteer centers; Sogndal volunteer center and Leikanger volunteer center. These contribute to strengthening the voluntary efforts in the municipality and are a meeting place that mediates contact between people in the local community. In addition, the volunteer centers are responsible for free lending of equipment. The volunteer centers are open to everyone, including students.



ATTRACTIVE PLACE OF STUDY

INPUT FROM THE STUDENTS

Sogndal must be a municipality that facilitates good meeting places and makes the whole area attractive for the students who live here and for future students.

The students want more low-threshold meeting places. They also request more non-alcohol events and the opportunity to be social with the locals. This applies to both meeting places outdoors, and more organized meeting places and events indoors. Several low-threshold meeting places, as mentioned in the section on active lifestyles, are a good starting point for a social arena and can help prevent loneliness. In addition, we see that there is a need, and an interest, for language courses in Norwegian for international students.

Both the survey and the workshop show that there is a desire for more offers within art and culture. This applies to both events, activities and aesthetic design. Students suggest more village festivals, cheaper tickets to cultural events for students, and more street art and colors in the center. Sogndal must be an arena for art and culture.



INTERACTION WITH LOCAL BUSINESSES, WORKING LIFE AND THE MUNICIPALITY

The Student Democracy consists of the Student Parliament, the Student Council, the Student Campus Council and the Student Faculty Council. These are open to all students and here the students have the opportunity to influence their own student life.

At Campus in Sogndal, students meet a complete tool set for business development with the local / regional business company Sogn Næring, Sognefjorden Næringshage, Kunnskapsparken Vestland, Innovation Norway, Visit Sognefjord, the Research Council and the District Center.

Sogn Næring works with culture and mobilization for entrepreneurship among students at HVL. On behalf of Sogndal municipality, they work with this group in the same way as they work with other residents. In the pipeline there is an extensive collaboration with HVL Skape, which is the university college's student offering within innovation and entrepreneurship.

In the project "Co-creation for a sustainable Sogn", HVL, in collaboration with municipalities and businesses in the region, will develop a new interdisciplinary elective and further education course. Here, students from different study programs, employees at HVL, private and public enterprises will participate in the same course to develop solutions to local and regional issues.

With regard to the fields of study that are based on public workplaces (for example, teacher education and child welfare), internships in working life is well established as part of the study program.

Several departments have career days or industry meetings today, often in collaboration between the line association and the department.



INTERACTION WITH LOCAL BUSINESSES, WORKING LIFE AND THE MUNICIPALITY

INPUT FROM THE STUDENTS

Sogndal municipality must, together with HVL, facilitate student participation and interaction with business and the municipality.

It is important that students are included in, and informed about, the business community in Sogndal. This applies to opportunities for assignment writing, internships and job opportunities both during and after studies.

The survey shows that few of the students have been in contact with the business community during their studies and even fewer have received information about the possibility of writing an assignment for a business. The survey also shows that many students have to leave the municipality to have an internship today.

It is also important that students are included in municipal local democracy, preferably through a dedicated contact person in the municipality.

On the basis of the workshop and questionnaire survey, there have been many good proposals. Many of the proposals are not part of the role of the municipality, and it is therefore important to have students who can take the initiative and be driving forces, especially within associations and voluntary organizations. Sogndal municipality can contribute to these initiatives with expertise and advice and for example be possible partners, help with funding and to put initiatives in a larger context.



STUDENT WELFARE

It is important that students get the information they need as new residents in Sogndal. Saman, HVL and Sogndal municipality all have websites which shows important information, services and what it is like to be a student in Sogndal.

The student association Saman covers e.g. information about student housing, student kindergarten, cafeteria and café. The student housing is for all students at HVL Sogndal. Here one can choose to live alone, with one or many, as a couple or family. One must go through an application process to be allocated student housing. Saman also offers a student kindergarten with 44 places. The kindergarten is open to everyone, but children of students and staff at HVL are given priority.

HVL offers various types of adaptation of the study situation for those who need it. In addition, HVL offers study and career guidance for those who need to talk about their studies and the way forward. Here they also offer courses related to careers such as CV writing and interview courses. HVL and the student organization have together developed an online resource called the Exam Code. This will help students to master the exam and has many good tips and video courses.

The grant portal (Tilskuddsportalen) provides an overview of all grant schemes available for the voluntary sector online. It is free for associations and organizations in Sogndal to use the portal, also for the student organizations. The requirement is that they must be registered as a voluntary organization in Sogndal municipality in the Brønnøysund Register Center (Brønnøysundregisteret).

Student organizations can apply for semester fee funds from Saman. This is a grant to run parts of the student organization. Here they can apply once per semester.



STUDENT WELFARE

INPUT FROM THE STUDENTS

It should be good to live in Sogndal for all students, this especially applies to housing, well-being and good municipal services.

For many students, it is the first time they live away from home. It is therefore necessary to have a good place to live from the very beginning, and good housing must be arranged for all students. It is also useful to provide good information about various housing options.

Sogndal must be a town that provides well-being and is environmentally friendly. The students want a town with green spaces that everyone can use, and with good and inviting meeting places.

Sogndal must provide good municipal services that are available to students. There must also be good information about the various municipal services that are relevant to the students. This is especially important for health services and activities. For international students, it is important that information from HVL, Saman and the municipality is also available in English.

Student organizations and associations are important to the students. There must therefore be supplementary schemes that also meet these so that they have the funds to operate and further develop meeting places and social arenas.



STUDENT HEALTH

Sogndal municipality has the primary responsibility for need-based health and care services for everyone who stays in the municipality. The municipal health service is responsible for preventive work, public health services and general medical services, mental health work and physiotherapy services.

Sogndal municipality offers a health station for young adults from 13-25 years. This is a free service that helps with questions and issues about sexual health. Sogndal municipality also offers Frisklivssentralen Sogn which is an inter-municipal health promotion and preventive health service for Luster and Sogndal municipality. Frisklivssentralen arranges, among other things, courses in "Kvardagsglede", the joy of everyday life.

All students have the right to a GP and you do not need to report a move to get a GP in Sogndal. In 2022, the offer of "rapid mental health care" will come to Sogndal. Here, people who struggle with, for example, difficult thoughts, anxiety, restlessness and sleep problems can get quick help, without a long wait.

In addition to this, the student organization Saman complements the municipality's health services with offers aimed directly at students. These include student discounts and reimbursement schemes for treatment at the dentist, and reimbursement for large expenses related to health. In addition, Saman offers a psychologist or student counselor for those students who need to talk to someone. Saman also has many courses for students in various issues such as sleep, stress and mastery of studies.



STUDENT HEALTH

INPUT FROM THE STUDENTS

Sogndal must be a municipality that contributes to good student health by coordinating and making health services available to students.

Among other things, there must be good enough services for mental health care for those in need. It must also be well adapted for universal design both indoors and outdoors throughout the municipality.

It is important that all information about health services is available on the municipality's website and that this information is also in English.

Good student health must be facilitated throughout the study period. This applies especially to the municipality's health services such as health stations, physiotherapy and GPs.



MEASURES

This chapter provides an overview of measures based on the feedback from students in collaboration with HVL, Saman, Sogn næring and the Welfare Parliament.

The measures are divided into the topics that are important to the students. The table shows who is responsible for the measures, whether it must be budgeted for and degree of importance. The importance is based on an understanding of what the students emphasize from conversations with them, what the Norwegian Student Organization (NSO) advises the municipalities on and how many students have given input to the various initiatives.

Active lifestyle			
Measure	Responsibility (municipal department, organizations)	Budgeting required	Importance
Include student sports and student organizations in grant schemes.	Sogndal municipality; Culture.	No	Very important
Upgrade skate park at Kvåle / establish new skate park.	Sogndal municipality; Society and businesses - culture and sports.	Yes	Important
Establish a low-threshold path with a soft surface that can work for jogging or hiking and which is not too steep, in close proximity to Sogndal center.	Sogndal municipality; Planning, Society and businesses - culture and sports.	Yes	Important
Establish more hiking opportunities in the immediate vicinity of Sogndal center.	Sogndal municipality; Planning, Society and businesses - culture and sports.	Yes	Important
Upgrading of Kvåle Stadium.	Sogndal municipality; Society and businesses - culture and sports.	Yes	Important
All hiking trails in the municipality must be signposted and marked according to national marking standards.	Sogndal municipality; Planning, Society and businesses.	Yes	Important
Set up ice rink and operate this winter time.	Sogndal municipality; Planning, Roads and parking.	Yes	A little important

Transportation and roads			
Measure	Responsibility	Budgeting required	Importance
Salt and sprinkle the most common walking and biking paths to Campus in the winter.	Sogndal municipality; Planning.	Yes	Very important
Bicycle path through the center.	Sogndal municipality; Planning.	Yes	Very important
More bike racks in the town center of Sogndal.	Sogndal municipality; Planning.	Yes	Very important
Set up lights along Sogndalselvi from Campus to Granden.	Sogndal municipality; Planning.	Yes	Important
Fix the roads so that there are not so many holes, especially around Campus.	Sogndal municipality; Planning.	Yes	Important
Trial scheme with electric scooter.	Sogndal municipality; Planning, Society and businesses - culture and sports.	Yes	Important
Bicycle path from Stedjeåsen to Campus.	Sogndal municipality; Planning.	Yes	Important
Bicycle parking with the possibility of charging in the town center.	Sogndal municipality; Planning.	Yes	Important
Bicycle path to Leikanger, Kvam and up Sogndalsdalen.	Sogndal municipality; Planning.	Yes	A little important
Wood / sound barrier along Stedjevegen.	Sogndal municipality; Planning.	Yes	A little important

Attraktiv studiestad			
Measure	Responsibility	Budgeting required	Importance
Establish a website that shows what is happening in Sogndal of activities and events.	Sogndal municipality; Digitalisation team.	Already budgeted	Very important
Collaboration between the students and the culture house on student activities.	Sogndal municipality; Society and businesses - culture and sports. HVL.	No	Important
Facilitate more meeting places across cultures and languages.	Sogndal municipality; Health and care - Volunteer central; Society and businesses - Culture. Saman.	No	Important
Add for more restaurants, cafes and more nightlife in the town center.	Sogndal municipality; Planning. Sogn næring.	No	Important
Further develop the library as a low-threshold meeting place for knowledge, debate and cultural experiences for all.	Sogndal municipality; Society and businesses - Culture.	No	Important
Facilitate festivals also in the autumn.	Sogndal municipality; Society and businesses - Culture.	No	A little important
Art along Sogndalselvi.	Sogndal kommune; Planning, Society and businesses.	Yes	A little important
Facilitate street art (for example at Norturabygget).	Sogndal kommune; Planning, Society and businesses.	Uncertain	A little important

Samspel med arbeids-, næringsliv og kommune			
Measure	Responsibility	Budgeting required	Importance
Offer more internships at local companies in Sogndal.	HVL, Sogn næring.	No	Very important
Further developed industry meetings and career days at HVL with companies from the region.	HVL, Sogn næring.	No	Very important
Better information on assignment writing for local business.	HVL, Sogn næring.	No	Very important
Map the possibilities for a student manager / student contact in the municipality.	Sogndal municipality; Society and businesses.	No	Very important
Make information about relevant and current municipal services available to students in English.	Sogndal municipality; Communication.	No	Very important
Introduction day from the municipality for new students.	Sogndal municipality; Administration. Sogn næring.	No	Very important
The municipality shall have an ongoing dialogue with Saman in matters concerning the students or their service area.	Sogndal municipality.	No	Important
The municipality will establish a forum with representatives from the municipality's leadership, Saman and the students. This forum must meet at least once a semester.	Sogndal municipality. Saman.	No	Important

Studentvelferd			
Measure	Responsibility	Budgeting required	Importance
Map the possibilities for "cultur cards" for students to make it cheaper or free to attend cultural events	Sogndal municipality; Society and businesses - Culture. Vestland County Council (Vestland Fylkeskommune)	No	Very important
Offer relevant courses and events within stress management, diet, sleep habits and exercise.	HVL. Saman. Sogndal municipality; Frisklivssentralen	No	Very important
Design the green area along the river into a pleasant place to be.	Sogndal municipality; Planning	No	Important
Invite to Volunteer Day where all sports, culture and volunteer organizations present themselves.	Sogndal municipality; Society and businesses - Culture.	No	Important
Information and introductory courses for international students.	Sogndal municipality; Society and businesses. Saman. HVL.	No	Important
Establish allotment gardens or public greenhouses.	Sogndal municipality; Planning	Yes	A little important
A place to pick apples in the center. Public apple tree.	Sogndal municipality; Planning	Yes	A little important
More green area in the center.	Sogndal municipality; Planning	Yes	A little important

Studenthelse			
<i>Measure</i>	<i>Responsibility</i>	<i>Budgeting required</i>	<i>Importance</i>
Investigate the need for longer opening hours at the health station for young people and young adults.	Sogndal municipality; Health and care.	No	Very important
Ensure that the mental health services are dimensioned to cope with challenges related to students' needs for follow-up and health care.	Sogndal municipality; Health and care. Saman.	Ja	Very important
Designated GP`s that are specifically employed to see students.	Sogndal municipality; Health and care.	No	Very important
More specialized physiotherapy offer.	Sogndal municipality; Health and care.	Ja	Important

